One Reason You Are Bored with the Bible...

Can I be totally honest with you? There have been times in my adult life when I have found reading the Bible...boring. At times I've watched Netflix or scrolled mindlessly through social media because I found these things more enjoyable than Bible study. I probably would have never admitted out loud that I was bored with the Bible, but my actions spoke louder than my words. This is something about which I'm incredibly ashamed, because the problem was not with the Bible, it was with me. *Here is one thing I've discovered about why people are bored with the Bible and how to fix the problem*.

Entertainment is "Junk Food"

First of all, you need to understand that entertainment is like junk food for your heart, soul, and mind. Social media, video games, Netflix, television, and even sports and hobbies are all enjoyable, but they do very little – if anything – to nourish you. In fact, they often spoil your appetite for spiritual things.

My mother used to warn me not to eat junk food before dinner because it would spoil my appetite. She was right. It wasn't just that it filled me up. It was that the more I ate junk food, the less I wanted nourishing food. I craved the junk food. After all, it's hard to eat a carrot after you've eaten a candy bar. The same is true with entertainment. The more of it you "consume," the more it will consume you!

Scripture is a Nourishing Feast

Scripture, on the other hand, is like a nourishing feast. It is like meat and vegetables. It not only tastes good, but it is good for you. But unfortunately, you're not hungry for it because you've ruined your appetite. You've watched college basketball for hours on end, but now you have to force yourself to read the Bible for just a few minutes.

One of the most important things in the whole world is reading God's word, but it shouldn't feel like a chore. In 2Timothy 3:16-17, Paul wrote to Timothy, *All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work.*

Many of us are completely malnourished spiritually. We are not equipped for every good work, because we are too busy entertaining ourselves. We would like to find Scripture as exciting as we know it is, but we simply do not have an appetite left for the feast God has prepared for us.

How to Solve the Problem

The solution is simple, but it requires discipline and self-control. If you find entertainment more enjoyable than reading the *"living and active"* Word of God (Heb.4:12), then it is time to go on a fast or at least a strict diet. When you come to the realization that your diet is unhealthy, you have to cut out the junk food.

This means it is time to put away the smart phone, turn off Netflix, DVR the college basketball game, and maybe even go on a social media "fast." A little bit of entertainment – like a little bit of junk food – may be no big deal, but when it is affecting your appetite, it is a very big deal!

I can already hear people saying, "But I only watch things that are wholesome and I only use social media to connect with other like-minded Christians." Hey, me too! But that doesn't mean these things are not still negatively affecting your attention span and ruining your spiritual appetite. And remember, even reading a religious blog article does not take the place of actually reading the Bible.

Before long, you will once again see the Word of God in its proper light and say like the Psalmist in Psalm 119:103-104a, *How sweet are your words to my taste, sweeter than honey to my mouth! Through your precepts I get understanding.*

*taken from our 3/20/22 bulletin - (Article by Wes McAdams via Radically Christian)

On Our Prayer List Danny Dotson-reoccurring afib Jimmy Long-hm recovering fr hip surg AI & Vicki Peek	Casey Smith-having medical issues/tests Rita Stevens-CA W. R. Long Jimmy Phy Toad Smith
*Jerry Belles-now home on hospice *Nancy Turner-in Vanderbilt Hosp. *Aspen Anderson(Nicole Buttrey's niece)bom premature,familyrequesting prayers *Ronnie Pleasant-Hustburg COC-had surg on Friday-requesting prayers *Mike Parrish-(Wesley's son) home recovering from surgery *Ethan McClure-(friend of Buttrey family) mass in stomach *Shirley Proctor- (Robert's mom) in Waverly Rehab *Norma Ross-Glenn's mom *Shane Cobb—complications fr diabetes-toe/foot amputated *Wayne Hatcher-mass on liver -surg in May *Faye Marshall-Traci Adam's mom *June Dreaden -S.Rachford's m *Frank Hall-(Roy Deloach's brother-in-law)-Dialysis *John Henry & Carlene Davis *Ed Gunn	*Kim Marlow-F. Featherstone dght/R. Proctor sister *Tresa Garber Staggs -Frankie's daughter *Wanda Wright—chemo treatments *Jimmy Arnold-Bruce&Roxanne's son's father-in-law *Barry Dean-grandfather of a friend of Rachel Bell's *Larry Hayes-(fr Waverly COC) restarted chemo *Maggie Wright-(friend of N. Buttrey) chemo *Devid Stehen (Drew Owners) of a ded
ASSISTED LIVING & NURSING H	DME MILITARY

ASSISTED LIVING & NURSING HOME	MILITARY
AHC Decatur County-726 Kentucky Ave, Parsons, TN 38363-Wyle Marshall (Rm 726)-Traci Adams dad	Dustin Proctor-
Dickson Health & Rehab-901 North Charlotte, Dickson, TN 37055 -Clayton England -Marvin's brother	(Navy-Japan) PSC 562 Box 7273. FPO AP 96311-0073
Humphreys County-Billy Adams-Rm 712/Jane Ridings-Rehab-Rm 704/Bonita Madewell-Rehab-Rm 714	FPO AP 96311-0073
104 Forte Hill Rd, Waverly, TN 37185	Dalton & Hope Palk
<u>MHC</u> -Jim & Anita-(<i>Rehab</i>) Buckner -both in Rm 102/Jim & Earline Davis-Rm 103/ Doris Stokes-(Rm 127) 812 N. Charlotte, Dickson, TN 37055	- <i>(Navy-Louisianà)</i> 500 Woodland Dr, Apt 597 New Orleans, LA 70131

Horizon Rehab-111 Hwy 70 East, Dickson, TN 37055-Earl Forster-(Rm 100)

AT HOME HERBERT CAPPS- 1400 Bradley Rd, McEwen

ELTON SMITH - 7731 Hwy 70 East, McEwen

ANNOUNCEMENTS & UPCOMING EVENTS

We're excited to update you on the arrival of the <u>Jones family</u> { John, Erin, Lydia, Anna & Luke } plan on starting to move in on May 11 th	<u>YOUTH</u> *Flame –this Wednesday, April 24th @ 5:00 PM	Elders, Deacons, Preachers Meeting Sunday, May 5th @ 5:00 PM	
& John's first sermon as our new		<u></u>	
pulpit minister will be on May 19 th	Your invited to a 90th Birthday party for <i>"Ruby England"</i> ,		
Let's continue to keep them in our thoughts & prayers & in letting our community know!	RSVP to Connie at 931-209-3577 b) PM @ McEwen Senior Center. y April 22nd.	

INF. O.C.U.S. Faith, Obedience, Character, Unity, Salvation

All our school age kids have been hard at work last week as well as this week with TCAP and EOC testing going on. I know whenever these tests roll around, the end of the school year is almost here. Because of testing last week and this week, I have kept the youth activities to a minimum. We did not have any activities last week. However, we will have FLAME this Wednesday night at 5:00. Food will be provided. We will also have a devotional Sunday night after service hosted by Todd and Amy Mullinicks. We look forward to our time together.

Believe it or not, VBS is less than 2 months away. Please begin praying for a successful VBS this year. There will be several opportunities to get involved with all the prep work that goes into VBS. Be on the lookout for VBS workdays in May and early June.

In Christian Love, Keith

Sunday April 21st 2024 Welcome Wayne Coates Lead Singing Mark Forster 1st Prayer Marvin England	Published weekly by the McEwen church of ChristP.O. Box 171Non-profit Oran.McEwen, TN. 37101U.S. Postage PaidMcEwen, TN. 37101Permit No. 1	The MESSE A weekly publication of the McEa	
Se <i>rmon</i> Bruce Mayfield Lord's TableJimmy Suddeath	Return Service Requested	Week of April 21 st 2024 A Caring Church Lifting Up The CROS	SS And CROWN of CHRIST
John Potter Drew Swearns Glenn Ross Robert Proctor Chad Vaughn Jim Ridings Closing PrayerEthan Tummins Collect CardsCollin Swearns & Parker Rackford GreetersNot at this time NurseryNot at this time Collect CupsYouth SecurityTeam #5		Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.	<u>Schedule of Services</u> Sunday Bible Study9:00am Worship6:00pm Evening6:30pm Bible Study6:30pm
Sunday 6PM, April 28th 2024 Lead Singing Mark Forster Prayer Wade Tummins Sermon Bruce Mayfield Lord's Table Dennis Tester Matthew Dotson Closing Prayer	*If you are unable to attend any service please tune in to our <i>Facebook</i> page or our <i>YouTube</i> page to watch the services. This is NOT a replacement for the command to assemble together as Christ's Body, but a tool for those who may be homebound/shut-in or sick.	Mark 12:30	<u>Elders:</u> James Buckner Calvin Buckner Billy Buttrey Bruce Mayfield W.R. Long Mike Robertson <u>Deacons:</u> Derek Berryman Mike Burns Wayne Coates Mark Forster John Hurt Barry Phy Robert Proctor James Ridings
Wednesday 6:30 PM, May 1 st 2024 Lead SingingMark Forster PrayerKeith Grigsby	The MESSENGER is online! Visit the church website to view!		Wolf The Suith Joe Smith Elton Smith Joe Smith Dwight Stuart Drew Swearns Dennis Tester Ethan Tummins Wade Tummins Ronnie Tyler
Prayer	OUR RECORDS for 4/21/2024Sunday Morning Bible School 94Sunday Morning Worship 91Sunday Evening Worship 91WedMid-Week Bible Study (4-17) 112Sunday Contribution \$7,411Number of Seeds Planted 2	To Contact Us: 9704 Hwy 70 E Mail us: P.O. Box 256 McEwen, TN 37101 E-mail: mcewencofc@gmail.com Website: www.mcewenchurchofchrist.com Phone: 931-582-6130	<u>Staff:</u> Ministers Every Member Pulpit John Jones Youth Keith Grigsby <u>Secretaries</u> Terri Tummins/Teresa Fleming